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- ✓ Brain Injury
- ✓ Spinal Injury
- ✓ Complex Care

- ✓ Children
- ✓ Young Adults
- ✓ Adults

Specialism

- ✓ Rehabilitation
- ✓ Complex Care
- ✓ Challenging behaviour



Julia Meakin – Associate Case Manager, Shropshire

Julia will be providing case management for adults with complex needs living in Shropshire and the surrounding area. She qualified with a BSc in Occupational Therapy in 2012 from Coventry University, having retrained whilst working as a Joint Health and Social Care Commissioning Manager.

Julia is an enthusiastic and caring professional with a commitment to client focused care. She has a unique skill set gleaned from a successful career working within Housing, Health and Social Care settings at both the strategic business planning and practitioner level. With a thorough understanding of the complexities of the NHS and public sector, Julia has the ability to build relationships, network and work in partnership with individuals and organisations.

Julia has experience of community based rehabilitation managing a large, complex and dynamic case load taking a creative approach to problem solving and clinical reasoning; assessing, co-ordinating and delivering goal centred interventions, recommending adaptations/specialist equipment and liaising with health, housing and social care professionals, the voluntary and private sector to meet client needs.

Her clients have included young adults and adults with long term conditions including brain and spinal injury, amputations and degenerative neurological conditions, adults with learning disabilities and challenging behaviour.

Julia has an approachable yet professional manner, utilising her excellent oral, report writing, listening and presentation skills to confidently support and work with individuals from all walks of life.

When working in Commissioning Julia had responsibility for contracts including Community Equipment Services, Wheelchair Services, Community Neuro Rehab, Stroke Association, Shropshire Headway, and Severn Hospice. This involved her in the development of service specifications, performance management of contracts and service development. Julia has excellent project management skills acquired from leading on care pathways and service redesign across primary, community and secondary care in the NHS.

Julia has experience of managing a team, staff recruitment and delivering training. She feels strongly about the importance of her own personal and professional development as well as supporting and encouraging those around her to maximise their potential. She strives to do the best she can to advocate and support her clients to improve their quality of life and well-being.

